

Executive Summary

Our Journey Together: A Trauma-Informed Approach for Youth and the Workforce System

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Many of the youth we serve in the workforce system are dealing with mental health issues due to trauma from natural disasters to interaction with the justice system to family troubles and more. An individual's experience of trauma affects every area of their life including the ability to focus on education and training, and transition to gainful employment.

The U.S. Department of Labor, Employment and Training Administration's, Division of Youth Services and the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA) collaborated to host this webinar as we learn how mental health and workforce agencies can collaborate to develop strategies to benefit the mental health of youth we serve.

This webinar will:

- Share the basics of Trauma Informed Care
- Highlight programs utilizing strategies to address trauma
- Share technical assistance resources and training

Run of Show

Introductions	0:00
SAMHSA's Concept of Trauma and Framework for a Trauma Informed Approach	5:10
Motivating others through Voices of Experience	13:47
A Trauma-Informed Approach in Youth Programs	27:30
A Trauma Informed Program: Sacramento Regional Conservation Corps	57:55
Q & A	1:13